

# Idling Gets You Nowhere

## The Facts

**50% OF UTAH'S AIR POLLUTION IS FROM VEHICLES...**

Studies link air pollution from vehicles to increased rates of cancer, heart and lung diseases.

**CHILDREN ARE MORE VULNERABLE...**

Their lungs are still developing and they breathe more rapidly, inhaling more pollution than adults.

**IDLING GETS ZERO MILES PER GALLON...**

One hour of idling burns one gallon of gasoline.

Idling is expensive and hard on your engine.

## What You Can Do

**TURN IT OFF...**

More than 10 seconds of idling consumes more fuel than restarting your engine. If you aren't moving turn it off!!

**REDUCE WARM-UP IDLING...**

Modern engines don't need to be "warmed up" by idling before driving on winter days.

**SPREAD THE WORD...**

Talk to your family, friends, and neighbors about the benefits of reduced idling.

Learn More: [www.BreatheUtah.com](http://www.BreatheUtah.com)



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**TURN IT OFF...**

More than 10 seconds of idling consumes more fuel than restarting your engine. If you aren't moving turn it off!!

**REDUCE WARM-UP IDLING...**

Modern engines need less than 30 seconds of idling before driving on winter days.

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